# **Fasting Supernatural Speed**

# **Fasting periods, please select a time that works for you to pray.**

1. From Sunrise - Sunset
2. Midnight - Noon Day
3. 6:00 am- 6:00 pm

# **Fasting Instructions**

1. This fast is a 7-day fast. Starting at midnight July 7, 2021, and ending July 13, 2021.
2. The fast is based on the biblical references of Psalms 18:29-46 and John 6:16-21.
3. The Daniels fast, (with some exceptions)
   1. This means you can follow the strict format of the Daniel's fast with only vegetables, fruits, nuts, and water also you can adjust as needed. (However, No Pork, Soft Drinks or Desserts)

# **Communion**

1. It should be done daily for the fast. (Corporate communion is on Saturday @ 6:00 AM on the prayer line.)
2. Please select a time to do personal communion (Before sunrise is the recommendation)

# **Anointing Oil**

1. Prayer for blessing the oil will be done daily.
2. Purchase Extra Virgin Olive Oil

# **Breaking the Fast**

1. Please break your fast with a prayer of thanksgiving.
2. It is recommended to read the Daily Confession before and after the fasting period.

# **The Daily Prayer Line**

1. The Online Zoom ID is <https://us02web.zoom.us/j/350468642> Meeting ID: 350468642
2. The Call in Number is 1 (312)-626-6799 meeting ID 350468642,
3. Prayer time is Monday-Friday 6:00 AM to 6:45 AM and 10:00 PM- 10:45 PM Central Standard Time

# **Biblical Text**

[Psa 18:29-34 KJV] 29 For by thee I have run through a troop; and by my God have I leaped over a wall. 30 [As for] God, his way [is] perfect: the word of the LORD is tried: he [is] a buckler to all those that trust in him. 31 For who [is] God save the LORD? or who [is] a rock save our God? 32 [It is] God that girdeth me with strength, and maketh my way perfect. 33 He maketh my feet like hinds' [feet], and setteth me upon my high places. 34 He teacheth my hands to war, so that a bow of steel is broken by mine arms.

[John 6:16-21 KJV] 16 And when even was [now] come, his disciples went down unto the sea, 17 And entered into a ship, and went over the sea toward Capernaum. And it was now dark, and Jesus was not come to them. 18 And the sea arose by reason of a great wind that blew. 19 So when they had rowed about five and twenty or thirty furlongs, they see Jesus walking on the sea, and drawing nigh unto the ship: and they were afraid. 20 But he saith unto them, It is I; be not afraid. 21 Then they willingly received him into the ship: and immediately the ship was at the land whither they went.

# **Scriptures For Meditation**

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[1Ki 18:46 KJV] 46 And the hand of the LORD was on Elijah; and he girded up his loins, and ran before Ahab to the entrance of Jezreel.

[Isa 58:8 KJV] 8 Then shall thy light break forth as the morning, and thine health shall spring forth speedily: and thy righteousness shall go before thee; the glory of the LORD shall be thy rereward.

[John 6:19 KJV] 19 So when they had rowed about five and twenty or thirty furlongs, they see Jesus walking on the sea, and drawing nigh unto the ship: and they were afraid.

[Hab 2:2-3 KJV] 2 And the LORD answered me, and said, Write the vision, and make [it] plain upon tables, that he may run that readeth it. 3 For the vision [is] yet for an appointed time, but at the end it shall speak, and not lie: though it tarry, wait for it; because it will surely come, it will not tarry.

[Jer 4:13 KJV] 13 Behold, he shall come up as clouds, and his chariots [shall be] as a whirlwind: his horses are swifter than eagles. Woe unto us! for we are spoiled.

[Psa 18:29 KJV] 29 For by thee I have run through a troop; and by my God have I leaped over a wall.

[Psa 18:33 KJV] 33 He maketh my feet like hinds' [feet], and setteth me upon my high places.

[Luke 18:7-8 KJV] 7 And shall not God avenge his own elect, which cry day and night unto him, though he bear long with them? 8 I tell you that he will avenge them speedily. Nevertheless when the Son of man cometh, shall he find faith on the earth?

[Ezra 6:7-8, 12 KJV] 7 Let the work of this house of God alone; let the governor of the Jews and the elders of the Jews build this house of God in his place. 8 Moreover I make a decree what ye shall do to the elders of these Jews for the building of this house of God: that of the king's goods, [even] of the tribute beyond the river, forthwith expenses be given unto these men, that they be not hindered. ... 12 And the God that hath caused his name to dwell there destroy all kings and people, that shall put to their hand to alter [and] to destroy this house of God which [is] at Jerusalem. I Darius have made a decree; let it be done with speed.

# **DAILY CONFESSION**

I REJECT, REVOKE AND RENOUNCE ANY EVIL COVENANTS THAT HAVE REMOVED MY NAME FROM THE BOOK OF THOSE WHO ARE ANOINTED WITH SUPERNATURAL SPEED.

• I REPENT OF ANY EVIL WORDS THAT I HAVE SPOKEN, WORDS THAT CAUSE THE SPEED OF MY BREAKTHROUGHS TO COME TO A GRINDING HALT.

• WITH THE BLOOD OF JESUS, I WITHDRAW AND REMOVE MY NAME FROM THE BOOK OF THOSE WHO ARE FOUGHT WITH THE SPIRIT OF THE SNAIL AND THE TORTOISE, THE NAME OF JESUS.

• IN THE NAME OF JESUS, I BREAK EVERY CURSE, SPELL, HEX, ENCHANTMENT, BEWITCHMENT, OR INCANTATION THAT WORKS AGAINST THE DIVINE SPEED OF THE ALMIGHTY IN MY LIFE.

• I BIND EVERY DEMON THAT IS WORKING TO BLOCK, DELAY OR HINDER THE SPEEDY MANIFESTATION OF MY BREAKTHROUGHS.

• I DIVIDE THESE DEMONIC SPIRITS FROM THEIR RANKS IN THE NAME OF JESUS

• I DECREE: LET THE LANGUAGE OF THESE EVIL SPIRITS BE CONFOUNDED, WITH CONFUSION AND CIVIL WAR.

• I DECREE: LET THEIR YOKES BE BROKEN FROM OVER MY LIFE AND LET THEIR OPERATIONS TO DELAY AND DISTRACT THE SPEED OF MY PROGRESS, DIE IN THE NAME JESUS.

• I BIND AND PREVENT EVERY POWER THAT IS DRAWING ENERGY FROM THE GROUND AGAINST THE SPEED OF MY BREAKTHROUGHS. I COMMAND THEM TO BE PARALYZED IN THE NAME OF JESUS.

• I LOOSE THE JUDGEMENT OF GOD AGAINST THE EVIL ALTARS THAT ARE SPEAKING AGAINST THE SUPERNATURAL SPEED OF MY BREAKTHROUGHS IN THE NAME OF JESUS.

• I DECREE: LET THOSE ALTARS BE DESTROYED BY THE SWORD OF THE LORD.

• I LOOSE THE HEAVENS TO OPEN BY FIRE OVER MY ALTAR OF PRAYER NOW, IN THE NAME OF JESUS.

• I LOOSE THE ANGELS OF SUPERNATURAL SPEED TO ESCORT ME TO MY GOD-GIVEN DESTINY IN THE NAME OF JESUS.

• I DECREE AND DECLARE THAT THE SUPERNATURAL SPEED OF GOD SHALL OVERSHADOW MY LIFE.

• I DECREE THAT SUPERNATURAL SPEED FROM GOD SHALL BE MY PORTION THIS DAY IN JESUS NAME.

• I THANK MY HEAVENLY FATHER, AS I RECEIVE IT NOW IN JESUS AMEN.

# **Prayer Points**

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1. I decree that every storm that is forcing me to slow down shall die in the name of Jesus (John 6:19)
2. Lord, give me supernatural speed through the storms of life. (John 6:19)
3. Lord, give me supernatural speed in this season of my life. (John 6:19)
4. I decree that every power trying to outrun me to my destiny must be put to shame in the name of Jesus. (1 Kings 18:46)
5. Lord, let your hand come upon me that I may run before my enemies to my destiny. (1 Kings 18:46)
6. Lord, send me a spiritual horse to take me swiftly to my destiny. (Jeremiah 4:13)
7. I decree that by your Lord, I will run through a troop. (Psalms 18:29)
8. I decree that by you Lord I will leap over walls. (Psalms 18:29)
9. My father make my feet as hinds' feet. ((Psalms 18:33)
10. I decree that the Lord shall make my feet as hinds' feet (Psalms 18:33)
11. Every power slowing down the progress of my calling let me alone in the name of Jesus. (Ezra 6:7)
12. I decree let the provision for supernatural progress be given to me now! (Ezra 6:8)
13. I decree let our decrees be done with speed. (Ezra 6:12)
14. I decree that the Lord shall avenge me speedily (Luke 18:7-8)
15. I decree that my health shall spring forth speedily. (Isaiah 58:8)
16. I decree that my business shall spring forth speedily. (Isaiah 58:8)
17. I decree that my calling shall spring forth speedily. (Isaiah 58:8)
18. I decree that my career shall spring forth speedily. (Isaiah 58:8)
19. Lord, help me write the vision, so I can run when I read it. (Hab 2:2)
20. Lord, I praise you for the supernatural speed coming upon me now.
21. Lord, I thank you for giving me supernatural speed, In Jesus’ Name. AMEN

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