**Fasting For Breakthroughs to Break Forth by Fire and by Force.**

# Fasting Instructions

## This is a 21day fast. You will fast daily until 3:00pm. The fast will start Oct 2, 2021, and will end on Oct 22, 2021.

## The purpose of this fasting is to engage in spiritual warfare for breakthroughs to break forth by fire and by force.

## The biblical basis for the fast is 1st Samuel 30:8 KJV and Matthew 11:12 KJV

## It is recommended that you pray the prayer points three times a day.

## Please limit social media, television, and internet usage during the fast.

## It is recommended that you pray “DELIVERANCE PRAYERS ON COVENANTS, YOKES AND CURSES BREAKING” prayers before sleeping and when awakening from any strange dream. The prayers can be found on www.whitfieldharrington.com/prayer

# Fasting time period.

## You will fast daily until 3:00pm. Fast starting from the time you wake up, until 3:00pm.

## Dry fasting is recommended during the fasting hours; however, you can choose to drink liquids if needed during the fasting hours.

## The are no specific diet instructions other eat well, and No Meats Fish Only ***(not all seafood just fish***), No Soft Drinks and No Deserts

# Communion

## Will be done daily for the fast. (Corporate communion will be done Saturday mornings @ 6:00 am on the prayer line.)

## Please select a time to do personal communion. (Before sunrise or near midnight is recommended)

# Anointing Oil

## A prayer for blessing oil will be done daily on the prayer line.

## Please use extra-virgin olive oil.

# Breaking the Fast

## Please break your fast with a prayer of thanksgiving, if possible pray the prayer points as you break your fast.

## The *Daily Confession* should be read verbal before and after the fasting period.

# Scriptures For Meditation

# [1st Samuel 30:1-8 KJV]

## [1Sa 30:1-8 KJV] 1 And it came to pass, when David and his men were come to Ziklag on the third day, that the Amalekites had invaded the south, and Ziklag, and smitten Ziklag, and burned it with fire; 2 And had taken the women captives, that [were] therein: they slew not any, either great or small, but carried [them] away, and went on their way. 3 So David and his men came to the city, and, behold, [it was] burned with fire; and their wives, and their sons, and their daughters, were taken captives. 4 Then David and the people that [were] with him lifted up their voice and wept, until they had no more power to weep. 5 And David's two wives were taken captives, Ahinoam the Jezreelitess, and Abigail the wife of Nabal the Carmelite. 6 And David was greatly distressed; for the people spake of stoning him, because the soul of all the people was grieved, every man for his sons and for his daughters: but David encouraged himself in the LORD his God. 7 And David said to Abiathar the priest, Ahimelech's son, I pray thee, bring me hither the ephod. And Abiathar brought thither the ephod to David**. 8 And David enquired at the LORD, saying, Shall I pursue after this troop? shall I overtake them? And he answered him, Pursue: for thou shalt surely overtake [them], and without fail recover [all].**

[Mat 11:12 KJV]

[Mat 11:12 KJV] 12 And from the days of John the Baptist until now the kingdom of heaven suffereth violence, and the violent take it by force.

# [2Ki 19:35 KJV]

[2Ki 19:35 KJV] 35 And it came to pass that night, that the angel of the LORD went out, and smote in the camp of the Assyrians an hundred fourscore and five thousand: and when they arose early in the morning, behold, they [were] all dead corpses.

# [Exo 11:1-6 KJV]

[Exo 11:1-6 KJV] 1 And the LORD said unto Moses, Yet will I bring one plague [more] upon Pharaoh, and upon Egypt; afterwards he will let you go hence: when he shall let [you] go, he shall surely thrust you out hence altogether. 2 Speak now in the ears of the people, and let every man borrow of his neighbour, and every woman of her neighbour, jewels of silver, and jewels of gold. 3 And the LORD gave the people favour in the sight of the Egyptians. Moreover the man Moses [was] very great in the land of Egypt, in the sight of Pharaoh's servants, and in the sight of the people. **4 And Moses said, Thus saith the LORD, About midnight will I go out into the midst of Egypt: 5 And all the firstborn in the land of Egypt shall die, from the firstborn of Pharaoh that sitteth upon his throne, even unto the firstborn of the maidservant that [is] behind the mill; and all the firstborn of beasts.** 6 And there shall be a great cry throughout all the land of Egypt, such as there was none like it, nor shall be like it any more.

# DAILY CONFESSIONS

* I REJECT, REVOKE AND RENOUNCE ANY EVIL COVENANTS, THAT HAVE GIVEN THE ENEMY LEGAL RIGHTS TO WITHSTAND MY BREAKTHROUGHS, IN THE NAME OF JESUS.
* I REPENT OF ANY EVIL WORDS THAT I HAVE SPOKEN, WORDS THAT HAVE OPEN DOORS FOR SPIRITUAL ATTACKS AGAINST MY BREAKTHROUGHS.
* WITH THE BLOOD OF JESUS, I FORTIFY MY LIFE AGAINST DEMONIC REINFORCEMENT
* IN THE NAME OF JESUS, I BREAK EVERY CURSE, SPELL, HEX, ENCHANTMENT, BEWITCHMENT, OR INCANTATION THAT BRINGS SPIRITUAL ATTACKS AGAINST MY BREAKTHROUGHS, IN THE NAME OF JESUS.
* I PARALYZE AND BIND EVERY EVIL SPIRIT THAT IS WORKING TO MONITOR MY SPIRITUAL DEFENSES.
* I DIVIDE THESE DEMONIC SPIRITS FROM THEIR RANKS IN THE NAME OF JESUS
* I DECREE: LET THE LANGUAGE OF THESE EVIL SPIRITS BE CONFOUNDED, WITH CONFUSION AND CIVIL WAR.
* I DECREE: LET THEIR YOKES BE BROKEN FROM OVER MY LIFE AND LET THEIR OPERATIONS TO MONITOR MY SPIRITUAL DEFENSES, DIE IN THE NAME OF JESUS
* I BIND AND PREVENT EVERY POWER THAT IS WORKING TO PENETRATE MY SPIRITUAL DEFENSES IN THE NAME OF JESUS. I COMMAND THEM TO BE PARALYZED IN THE NAME OF JESUS.
* I LOOSE THE JUDGEMENT OF GOD AGAINST THE EVIL ALTARS THAT ARE ENFORCING THE BONDAGE AND DELAYS OF MY BREAKTHROUGHS IN THE NAME OF JESUS.
* I DECREE: LET THOSE ALTARS BE DESTROYED BY THE FIRE OF THE HOLY GHOST.
* I DECREE LET EVERY STRONGMAN BLOCKING BLESSINGS AT THE GATE OF MY BREAKTHROUGHS BE PARALYZED, FALL DOWN AND DIE, IN THE NAME OF JESUS
* I DECREE WITH THE KEY OF DAVID LET DOORS OF MULTIPLE BREAKTHROUGHS BE OPENED UNTO ME, IN THE NAME OF JESUS.
* I DECREE AND DECLARE THAT MY BREAKTHROUGH SHALL BREAK FORTH BY FIRE AND BY FORCE IN JESUS NAME.
* I DECREE THAT I SHALL PURSUE OVERTAKE AND RECOVER ALL, IN THE NAME OF JESUS

# PRAYER POINTS

1.     I decree let every secret caging my breakthroughs be revealed, in the name of Jesus.

2.     I decree let every secret padlock that has locked up my blessings be revealed and be removed by fire and by force, in the name of Jesus.

3.     I decree, let every evil troop that has stolen from me be paralyzed, in the name of Jesus.

4.     I decree, let every strongman attending \_\_\_\_\_ be paralyzed, fall down and die in the name of Jesus.

5.     I decree, I block the elements from cooperating with my enemies, in the name of Jesus.

6.     I decree, I loose the eagles of God to locate\_\_\_\_\_\_\_ in the name of Jesus.

7.     I decree, I loose the violent angels of God against the camp of my enemies, in the name of Jesus.

8.     I decree, I loose the plagues of God against the camp of my enemies in the name of Jesus.

9.     I decree, I loose the great furnace of God against the camp of my enemies in the name of Jesus.

10.  I decree, I loose confusion against the camp of my enemies in the name of Jesus.

11.  I decree, I loose division and civil war against the camp of my enemies in the name of Jesus.

12.  I decree, I loose blindness against the camp of my enemies in the name of Jesus.

13.  I decree, I loose the fire of the Holy Ghost against the camp of my enemies in the name of Jesus.

14.  I decree, I loose the pure torment of God against the camp of my enemies in the name of Jesus.

15.  I decree, I loose the razor of the Lord against the camp of my enemies in the name of Jesus.

16.  I decree, I loose the fan of the Lord against the camp of my enemies in the name of Jesus.

17.  I decree, I loose the spear of the Lord against the camp of my enemies in the name of Jesus.

18.  I decree, I loose the wrath of God against the camp of my enemies in the name of Jesus.

19.  I decree, I loose the vengeance of God against the camp of my enemies in the name of Jesus.

20.  I decree, I loose the judgement of God against the camp of my enemies in the name of Jesus.

21.  I decree, I loose The fire of God against the camp of my enemies in the name of Jesus.

22.  I decree, I loose the stars of God against the camp of my enemies in the name of Jesus.

23.  I decree, I loose the lightning of God against the camp of my enemies in the name of Jesus.

24.  I decree, I loose hail and fire mingled with the blood of the Lamb against the camp of my enemies in the name of Jesus.

25.  I decree, I loose the blood of Jesus against the camp of my enemies in the name of Jesus.

26.  I decree, I loose Warring Angels against the camp of my enemies in the name of Jesus.

27.  I decree, I loose Territorial Angels against the camp of my enemies in the name of Jesus.

28.  I decree, I loose The Hunters and Fishers against the camp of my enemies, in the name of Jesus.

29.  I decree, I loose the Host of Heaven against the camp of my enemies in the name of Jesus.

30.  My father loose your angels to pursue, overtake and recover all my stolen breakthroughs, in the name of Jesus

31.  My father loose your angels to pursue, overtake and recover all my delayed breakthroughs, in the name of Jesus.