# **Fasting International Breakthroughs**

[Click here to hear the instructions](https://us02web.zoom.us/rec/play/kGyJsA4cY119s8av9p9_OaTYRsWxe_Di3zEmzh7zp7CY-UWlvhvQhAIaUUA_p70V5C6YQIW-Akq6I9JG.SUSrB7VEWiHm2RQ0)

# **Fasting Period.**

* Fasting daily till 3:00 pm (No Breakfast) Dry fasting is recommended.

# **Fasting Instructions**

* This is a 14 day fast. You will fast daily until 3:00 pm. The fast will start on March 20, 2022, and end on April 2, 2022.
* The purpose of this fast is to pray in the spirit of unity for international breakthroughs.
* The biblical basis for the fast is 1st Peter 3:8-9 and Psalms 133:1.
* It is recommended that you pray three times a day.
* Please limit social media, television, and internet usage during the fast.

**The Daniels Fast**

* The Daniel’s fast is the dietary option for the fast. So you should follow the strict format of Daniel's fast with vegetables, fruits, nuts, grains, tea, and water. (No meat, No Eggs, No fish or seafood, No Soft Drinks, No Desserts)

# **Breaking the Fast**

* Please break your fast with prayer during the 3:00pm hour. (It can be a silent prayer if you are working.)
* It is recommended to read the Daily Confession three times a day.
* Ask God to pour out his grace and mercy upon nations.
* Please pray in agreement with all those fasting and praying, by asking God to pour out his grace and mercy upon our personal prayer requests.

# **Communion**

* You should do it daily. Corporate communion is on Saturday @ 6:00 am CST on the prayer line. Please note there will not be a prayer on Saturday night only Saturday morning.
* Please select a time to do personal communion (Before sunrise is the recommendation or when breaking the fast)

# **Anointing the Home and Anointing Oil**

* We will have a prayer to anoint your home on Sunday at **10:00 PM CST** on the prayer line.
* We will have a prayer for blessing oil daily during the night sessions.
* Purchase extra virgin olive oil if you have not already.

#  **The Daily Prayer Line Times**

* The Online Zoom ID is <https://us02web.zoom.us/j/350468642> Meeting ID: 350468642
* The call-in number is 1 (312)-626-6799 meeting ID 350468642,
* Prayer time is Monday-Friday 6:00 am to 6:45 am and 9:00 pm - 9:45 pm CST.

**DAILY CONFESSIONS**

I REJECT, REVOKE AND RENOUNCE ANY EVIL COVENANT THAT HINDERS THE GRACE AND MERCY OF GOD FOR MY LIFE.

I REPENT OF ANY EVIL WORDS THAT I HAVE SPOKEN OR SINS I HAVE COMMITTED THAT OPEN A DOOR FOR A SPIRIT OF DIVISION TO OPERATE IN MY LIFE.

IN THE NAME OF JESUS I BIND AND CAST OUT THE SPIRITS OF CONFUSION AND DIVISION.

WITH THE BLOOD OF JESUS, I WITHDRAW AND REMOVE MY NAME FROM THE BOOK OF THOSE WHO ARE USED BY SATAN TO SOW SEEDS OF DIVISION AND DISCORDS, THE NAME OF JESUS.

• IN THE NAME OF JESUS, I BREAK EVERY CURSE, SPELL, HEX, ENCHANTMENT, BEWITCHMENT, OR INCANTATION THAT PROMOTES DIVISION AND STRIFE IN MY LIFE AND THE BRETHREN OF CHRIST.

• I BIND EVERY DEMON THAT IS WORKING TO BLOCK, DELAY OR HINDER THE MANIFESTATION OF INTERNATIONAL BREAKTHROUGHS FROM HAPPENING IN MY LIFE.

• I PRAY THAT GOD WILL DIVIDE THESE DEMONIC SPIRITS FROM THEIR RANKS IN THE NAME OF JESUS.

• I DECREE: LET THE LANGUAGE OF THESE EVIL SPIRITS BE CONFOUNDED, WITH CONFUSION AND CIVIL WAR.

• I DECREE: LET THEIR YOKES BE BROKEN FROM OVER MY LIFE AND LET THEIR OPERATIONS TO DELAY AND DISTRACT ME, DIE IN THE NAME JESUS.

• I BIND AND PREVENT EVERY POWER THAT IS DRAWING ENERGY FROM EVIL ALTARS, AGAINST THE UNIFIED PRAYERS OF THE RIGHTEOUS FOR INTERNATIONAL BREAKTHROUGHS. I COMMAND THEM TO BE PARALYZED IN THE NAME OF JESUS.

• I LOOSE THE JUDGEMENT OF GOD AGAINST THE EVIL ALTARS THAT ARE SPEAKING AGAINST MY PRAYERS FOR INTERNATIONAL BREAKTHROUGHS IN THE NAME OF JESUS.

• I DECREE: LET THOSE ALTARS BE DESTROYED BY THE SWORD OF THE LORD.

• I LOOSE THE HEAVENS TO OPEN BY FIRE OVER MY ALTAR OF PRAYER NOW, IN THE NAME OF JESUS.

• I LOOSE THE ANGELIC HOST TO HELP COORDINATE MY PRAYERS WITH OTHER INTERNATIONAL INTERCESSORS IN THE NAME OF JESUS.

• I DECREE AND DECLARE THAT INTERNATIONAL BREAKTHROUGHS SHALL BREAK FORTH.

• I DECREE AND DECLARE THAT I SHALL RECEIVE FROM MY PORTION OF THESE INTERNATIONAL BREAKTHROUGHS IN JESUS NAME.

• I THANK MY HEAVENLY FATHER, AS WE ALL RECEIVE OUR PORTION NOW IN JESUS AMEN.

DAILY CONFESSIONS

1. [1st Peter 3:8-9 KJV] 8 Finally, [be ye] all of one mind, having compassion one of another, love as brethren, [be] pitiful, [be] courteous:
2. [Psalm 133:1 KJV] 1] Behold, how good and how pleasant [it is] for brethren to dwell together in unity!
3. Matt 18:19-20 KJV 19 Again I say unto you, That if two of you shall agree on earth as touching anything that they shall ask, it shall be done for them of my Father which is in heaven. 20 For where two or three are gathered together in my name, there am I in the midst of them.
4. [Hebrews 4:16 KJV] 16 Let us therefore come boldly unto the throne of grace, that we may obtain mercy, and find grace to help in time of need.
5. [Psalm 67:4 KJV] 4 O let the nations be glad and sing for joy: for thou shalt judge the people righteously, and govern the nations upon earth. Selah.
6. [Psalm 86:9 KJV] 9 All nations whom thou hast made shall come and worship before thee, O Lord; and shall glorify thy name.
7. [Psalm 117:1 KJV] 1 O praise the LORD, all ye nations: praise him, all ye people.
8. [Isaiah 2:2 KJV] 2 And it shall come to pass in the last days, [that] the mountain of the LORD'S house shall be established in the top of the mountains, and shall be exalted above the hills; and all nations shall flow unto it.
9. [Isaiah 66:18 KJV] 18 For I [know] their works and their thoughts: it shall come, that I will gather all nations and tongues; and they shall come, and see my glory.

**PRAYER FOCUS**

* Begin with a prayer of praise and thanksgiving. (Singing)
* Thank the Lord for being in our midst.
* Thank the Lord we can come boldly unto the throne of grace to obtain mercy.
* Pray for the Lord to let us find grace to help in the time of our needs.
* Pray that the body of Christ would be of the same mind.
* Pray that the body of Christ would be compassionate to one another.
* Pray that the body of Christ expresses godly love to one another.
* Pray that the body of Christ is gracious to one another.
* Pray that the body of Christ will be courteous to one another.
* Pray for the Lord’s grace to help the body of Christ to come together in unity.
* Pray against any spirit that comes to create division within the body of Christ.
* Pray, touch, and agree with our brothers and sisters of Christ concerning their personal prayers points.
* Recite the word of God in the ears of the Lord.
	+ 1Peter 3:8-9, Psalm 133:1, Matt 18:19-20, Hebrew 4:16
* Begin to list the things for which you want God to grant you mercy and grace. (Be specific about your needs for God’s grace.)
* Begin to thank the Lord for answering prayers.
* Begin to speak over your prayers and prophesy to yourself, by faith, concerning our prayers coming to pass in Jesus’ name, amen.