**Placing This Year Into The Hands Of The Lord.**

**Fasting periods.**

* Level 1 fast from 6:00 am - 6:00 pm
  + Dry fasting is recommended for the 12-hour fasting period.

**Fasting Instructions**

* This fast is a 21-day fast starting at 6:00am on January 2, 2023, and ending on January 22, 2024, at 6:00 pm.
* Dietary restrictions: NO meat or seafood.
* Products such as eggs or cheese are okay. Just eliminate meat.

**Biblical References**

Psalms 31:15 My times [are] in thy hand: deliver me from the hand of mine enemies, and from them that persecute me.

Throughout the bible, God has required his people to dedicate specific children, possessions, and times to him. The bible says in 2 Timothy 1:12b, …for I know whom I have believed, and am persuaded that he is able to keep that which I have committed unto him against that day. People often hire investment advisors to oversee their investments. They place thousands of their hard-earned cash into the hands of the advisor, trusting that the advisor will bring a positive return on their investments. Sadly, investment advisors don't always produce positive results for their clients. However, the all-knowing God our Father desires that we will trust him to help us make wise decisions with our families, possessions, and time. In the book of Leviticus chapter 25, the bible speaks of the year of Jubilee. It was a year the children of Israel were required to dedicate entirely to the Lord. With the same biblical reference, we are dedicating this entire year to the Lord.

       We often make New Year's resolutions; some we keep, some we don't. However, this year, we will begin fasting and praying as we make an oath unto God that we are placing this year into his hands. When a student goes into the senior year of their education, they understand the importance of that year. If the student performs well, they graduate to the next level. If they underperform, they suffer the consequences and embarrassment of being detained to that level. With the understanding of how serious this year is, we must embark upon a new mindset in this new year. This fasting program is designed to help facilitate a mindset that will stay with you the entirety of this year and beyond. As you fast and pray, let the spirit of the Lord transform your spirit and renew your mind as you dedicate this year into the hands of the Lord.

**Communion**

* Corporate communion on the prayer line is on the 7th, 14th, and 21st day of the fast at 10:00 pm CST.
  + January 8, 2024.
  + January 15, 2024.
  + January 22, 2024.

**Anointing Oil**

* Prayer for blessing the oil will be done on the 7th, 14th, and 21st day of the fast.
* Please use Extra Virgin Olive Oil.
  + January 8, 2024.
  + January 15, 2024.
  + January 22, 2024.

**The Daily Prayer Line**

* The Online Zoom ID is <https://us02web.zoom.us/j/350468642>. Meeting ID: 350468642
* The call-in number is 1 (312)-626-6799, meeting ID 350468642,
* Prayer time is Monday-Friday, 6:00 am to 6:45 am and 10:00 pm- 10:45 pm Central Standard Time

**Praise and Worship**

**Scriptures for Meditation**

[Psa 31:15 KJV] 15 My times [are] in thy hand: deliver me from the hand of mine enemies, and from them that persecute me.

[Lev 25:9-12 KJV] 9 Then shalt thou cause the trumpet of the jubile to sound on the tenth [day] of the seventh month, in the day of atonement shall ye make the trumpet sound throughout all your land. 10 And ye shall hallow the fiftieth year, and proclaim liberty throughout [all] the land unto all the inhabitants thereof: it shall be a jubile unto you; and ye shall return every man unto his possession, and ye shall return every man unto his family. 11 A jubile shall that fiftieth year be unto you: ye shall not sow, neither reap that which groweth of itself in it, nor gather [the grapes] in it of thy vine undressed. 12 For it [is] the jubile; it shall be holy unto you: ye shall eat the increase thereof out of the field.

**Prayer Points**

Use the following prayer *points* to guide you in prayer as you dedicate this year into the hands of the Lord.

1. Pray and decree that you will spiritually pass into the opening of this new year.
2. Pray and decree the captivity of your past shall die this year.
3. Pray unto God and dedicate this year unto the Lord.
4. Pray and dedicate this year as a year of sincere spiritual commitments.
5. Pray and dedicate this year to the work of the Lord.
6. Pray and dedicate this year to sincere study and share the word of God.
7. Pray and dedicate this year to fasting and praying with serious intent, dedication, and focus.
8. Pray and dedicate this year unto God through your deeds and actions, not just words.
9. Pray this year, your actions will speak louder than your words.
10. Pray and dedicate this year as a year in which you will humble yourself before God.
11. Pray that God’s priorities for this year will become your priorities for this year.
12. Pray that God will help you to pray away the challenges that distance you from Him.
13. Pray that this year you will abide in Christ and Christ will abide in you.